

Proclamation

*MEN'S HEALTH MONTH
June 2018*

- WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and
- WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and
- WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and.
- WHEREAS, fathers who maintain a healthy lifestyle are role models for their children; and
- WHEREAS, the Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and
- WHEREAS, Men's Health Month focuses on a broad range of men's health issues including heart disease, mental health, diabetes, and prostate, testicular and colon cancer.

NOW, THEREFORE, I, Mayor Donald Hahn, do hereby proclaim June as Men's Health Month in State College and encourage all residents to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical checkups and to pursue preventative health practices and early detection efforts.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused to be affixed, the great seal of the Borough of State College, this 4th day of June 2018.



Mayor Donald M. Hahn
June 4, 2018

